



L J Eye Institute

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DECEMBER 2025 EDITION

LJEI DECEMBER'25 EDITION

THURSDAY, 15TH JANUARY 2025.

# LJ NEWSLETTER

*Academic  
Leadership  
On a Global  
Stage*



*Quiet  
Records  
That Speak  
Volumes*

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# EDITORIAL

December Editorial - One Truth: Excellence is Built Daily, Not Declared.

By Dr. Vikas, Founder & Head, L J Eye Institute

Dear Readers,

When I reflect on this past month, I'm reminded that excellence isn't a destination—it's a discipline practiced daily, measured in moments that matter.

KERACON 2025 brought together 800 corneal experts in Goa, and our faculty didn't just participate—we led. Wet labs on LASIK, DSEK, and DALK. Instructional courses. JAM sessions. Research presentations. The accolades followed: third prize for our poster on topography-guided PRK with CXL in keratoconus, third prize for our video on graft-host junction healing, and four awards in the photo contest.

But here's what mattered most: at Shark Tank – Cornea Catalyst, we pitched innovation under scrutiny. The questions were tough, the feedback sharp—and that's precisely what makes us better. The real win wasn't the recognition; it was holding our own among the best because we belonged there. What we brought back transcends certificates—it's sharper perspectives, refined techniques, and insights that will reshape how we serve our patients.

Last week delivered two milestones that define who we've become. Thirty surgeries in a single day—the highest in L J Eye Institute's eight-year history. Not a chase for numbers, but a surgical ecosystem firing on all cylinders: pre-op coordination, nursing, anaesthesia, post-op care—all executing with precision that comes only from years of shared purpose. Thirty procedures means thirty patients who entrusted us with their sight, thirty families who chose L J when it mattered most.

That same week, our OPD saw 236 patients in one day—another institutional record. That's 236 individuals who woke up and chose to trust us. Behind that number: seamless front-desk operations, quality consultations maintained despite volume and support staff ensuring no one felt overlooked. This confidence isn't accidental; It's earned through consistency—one appointment, one diagnosis, one conversation at a time.

To our graduating optometrists: completing your internship and contact lens fellowship marks more than a requirement met—it's where theory acquired responsibility and learning found purpose. You observed, questioned, practiced, and grew in moments demanding patience, precision, and empathy. The values you carry forward—clinical integrity, continuous learning and ethical patient care—will define not just your careers, but our profession. Keep learning. Keep sharing. Keep growing. L J Eye Institute remains open to you as mentors, collaborators, and well-wishers.

We are privileged to welcome Dr. Kunal as Cornea Consultant. His clinical precision, ethical practice, and commitment to collaborative learning strengthen both our cornea services and our institutional culture. Welcome to the LJEI family, Dr. Kunal. The measure of any month isn't what we accomplished—it's what we're prepared to accomplish next, and for whom.

Dr. Vikas Mittal  
L J Eye Institute



# NEWSLETTER

## HIGHLIGHTS



### From Vision to Reality: Our 2025 Journey in Eye Care Excellence

When passion meets purpose, extraordinary things happen.....

### Where Expertise Meets Purpose, Progress Follows

Dr. Kunal joins as Cornea Consultant at LJ Eye Institute.

### 236 Patients. One Day. A Quiet Record That Speaks Volumes - 13.12.2025

On 13th December 2025, our OPD saw 236 patients in a single day—the highest footfall in LJ Eye Institute's history, spanning the last 8 years and 6 months.

### From Interns to Professionals—The Journey Has Truly Begun

Completing an Optometry Internship isn't just meeting a requirement. It's where theory meets responsibility, and learning acquires purpose.....

### When 800 Corneal Experts Gather, the Learning Comes Home

KERACON 2025 in Goa was three intense days of learning, leading, and pushing boundaries in corneal care.....



# EVENTS

## DEEWAN-E-AAM : THE TOWN HALL MEETING.



### FROM VISION TO REALITY: OUR 2025 JOURNEY IN EYE CARE EXCELLENCE

When passion meets purpose, extraordinary things happen. This year, we didn't just set goals—we shattered them, expanded horizons, and touched countless lives. Here's how we transformed eye care, one milestone at a time. The TOWNHALL MEETING revealed all.....

### 500+ Surgeries in a Single Month: A New Benchmark

For the first time in our history, we crossed the 500-surgery milestone in one month. Behind each number is a life transformed, a vision restored, and a family's hope renewed.

### Pharmacy Profitability Soared from 16% to 31%

Smart inventory management met patient care efficiency. We optimized our pharmacy operations while ensuring every patient gets the medications they need, when they need them.

### Retina OPD Services Launched in Pehowa

Quality eye care shouldn't depend on your pin code. Our new Retina OPD in Pehowa brings specialized care closer to communities that need it most.

### Specialized Clinics That See You Differently

We introduced dedicated LVA, Myopia, and Contact Lens clinics—because your eyes are unique, and your care should be too. Personalized attention isn't a luxury; it's our standard.

### Four New Departments, Infinite Possibilities

Retina, Glaucoma, Pediatric, and Cornea departments now operate independently, ensuring focused expertise for every condition. Specialized care, all under one roof.





# EVENTS

## YEAR REVIEW

### Technology That Transforms

The Z-8 machine, Contoura Gold, SLT machine and Jericho Multi-Spot Green Laser aren't just equipment—they're our partners in precision diagnostics and treatment. Cutting-edge technology, compassionate delivery.

### NABH Assessment - A Commitment to Quality

Successfully completing NABH assessments reflects our unwavering dedication to safety, standards, and patient-first care.

### 21% Hospital Growth That Matters

Numbers tell stories. Our 21% growth means more families found hope, more patients regained sight, and more communities trusted us with their vision.

### 98%, 99%, 100%—Consistency in Excellence

Four consecutive quarters of hitting targets (Two at perfect 100%!) proves that excellence isn't accidental—it's who we are, every single day.

### Five Workshops, Countless Insights

Our multi-specialty workshops ( Myopia workshop, Retina Workshop, 2 Cornea Workshops and a Glaucoma Workshop) brought together brilliant minds, shared cutting-edge knowledge, and elevated the entire field. Learning never stops when excellence is the goal.

### MoU with University: Building Tomorrow's Optometrists

Partnering with the university to create internship programs means we're not just treating patients today—we're shaping the caregivers of tomorrow.

### INSTITUTIONAL GROWTH

Nine Consultants, One Extraordinary Team

Welcoming specialists like Dr. Apoorv in Patiala and Dr. Kunal in Ambala City strengthened our clinical expertise. Great doctors make great care possible.

From 46 to 70: A Family That Grew

Every new team member brings unique skills, fresh perspectives, and shared passion. We're not just hiring staff—we're building a family committed to exceptional care.

Centralized Store Department: Smart Systems, Better Care

Efficient inventory management means we spend less time searching for supplies and more time focusing on what matters—you.

### LJ Newsletter: Connecting Hearts, Sharing Stories

Our newsletter became a bridge—connecting our team, sharing patient victories, and keeping our community informed. Communication that creates connection.

### Investigation & Outreach: Dedicated to Making a Difference

Forming specialized teams for investigation and outreach means we're actively finding gaps, filling needs, and reaching people who might otherwise go without care.



# NEWSLETTER

WHERE EXPERTISE MEETS PURPOSE,  
PROGRESS FOLLOWS



We're delighted to welcome Dr. Kunal as Cornea Consultant at LJ Eye Institute.

With a strong foundation in corneal care and a patient-centered approach, Dr. Kunal brings clinical precision, ethical practice, and academic engagement that align seamlessly with our values. His addition strengthens both our cornea services and our culture of collaborative learning.

Welcome to the LJEI family, Dr. Kunal. We look forward to the expertise, mentorship, and impact you'll bring to our patients and teams.







# VOICES OF LJ

**236 PATIENTS. ONE DAY. A QUIET RECORD THAT SPEAKS VOLUMES - 13.12.2025**



13.12.2025: Our OPD saw 236 patients in a single day—the highest footfall in LJ Eye Institute's history spanning the last 8 years and 6 months.

That's not just a number. It's 236 people who woke up that morning and chose to trust us with their vision. It's our front desk managing seamless check-ins, our doctors maintaining quality consultations despite the volume, and our support staff ensuring no one felt rushed or overlooked.

This kind of patient confidence isn't built overnight. It's earned through consistency—one appointment, one diagnosis, one conversation at a time.

**SOME DAYS MARK PROGRESS. OTHERS  
QUIETLY DEFINE WHO WE'VE BECOME.**





# VOICES OF LJ

## FROM INTERNS TO PROFESSIONALS—THE JOURNEY HAS TRULY BEGUN



Completing an Optometry Internship isn't just meeting a requirement. It's where theory meets responsibility, and learning acquires purpose.

Heartiest congratulations to all optometrists who've completed the Optometry Internship (2024–2025) and our short-term Contact Lens fellowship. Over the past year, you observed closely, questioned deeply, practiced diligently, and grew steadily—often in moments demanding patience, precision, and empathy.

Witnessing this transformation has been deeply fulfilling. LJ Eye Institute takes pride in being part of your foundation. The values you carry forward—clinical integrity, continuous learning, and ethical patient care—will define not just your careers, but the profession itself.

As you step forward: Keep learning. Keep sharing. Keep growing.

LJ Eye Institute remains open to you—as mentors, collaborators, and well-wishers. Wishing you clarity of vision, confidence in practice, and purpose in every step ahead.







# VOICES OF LJ

## WHEN 800 CORNEAL EXPERTS GATHER, THE LEARNING COMES HOME



KERACON 2025 in Goa was three intense days of learning, leading, and pushing boundaries in corneal care.

Our faculty didn't just attend—they led wet labs on LASIK, DSEK, and DALK, facilitated instructional courses, engaged in JAM sessions and masterclasses, and presented research that matters.

The recognition came too. 3rd Prize for our poster on topography-guided PRK with CXL in keratoconus. 3rd Prize for our video on graft-host junction healing. Four awards in the Photo Contest. But honestly? The real win was holding our own among the best—because we belonged there.

At Shark Tank – Cornea Catalyst, we pitched a concept to enhance new ideas to gain industrial support. As, innovation means putting your ideas out there and letting them be tested. The feedback was sharp, the questions tougher, and the experience? Invaluable.

What we're bringing back isn't just certificates—it's sharper perspectives, new techniques, and conversations that will shape how we work.

Because the measure of any conference isn't what you brought to it—it's what you bring back to your patients.





# THINK UNLIMITED

## FROM DAWN TO DUSK: 30 SURGERIES. A RECORD CARVED IN COMMITMENT – 22.12.2025



30 Surgeries. One Day. A Record That Speaks Volumes

December 22, 2024

This day our operating theatres recorded 30 procedures in a single day—the highest in LJ Eye Institute's eight-year history.

This wasn't about chasing numbers. It was a surgical team firing on all cylinders, pre-op coordination running like clockwork, and every department—nursing, anaesthesia, post-op care—showing up with precision that only comes from years of working together.

But here's what 30 really means: 30 patients who trusted us with their sight. 30 families who chose LJ when it mattered most.

Some milestones you plan for. Others just prove what you've been building all along.

**EXCELLENCE ISN'T MEASURED BY THE DAYS YOU SET  
RECORDS—IT'S THE STANDARD YOU SET EVERY SINGLE DAY.**







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**Thank you for  
being with us**



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