



L J Eye Institute

www.ljeyeinstitute.org

NEWSLETTER | OCTOBER 2025

LJEI OCT'25 EDITION

SATURDAY, 31ST OCTOBER 2025.

LJ NEWSLETTER

*DSEK in a
day
Successfully
Completed*



*Genesis
of
SLET*



EDITORIAL

October Editorial

Dear Readers,

It gives me immense pleasure to present the October edition of the LJ Eye Institute Newsletter. This month, we continue to celebrate our collective journey of learning, innovation, and service — values that define the very spirit of LJ Eye Institute.

October brought with it moments of growth, collaboration, and community outreach. Through each initiative, we reaffirmed our mission — to provide world-class eye care while nurturing the next generation of optometrists and ophthalmologists.

Our Community Outreach Department, in partnership with Vision Spring, a CSR organization from New York, reached a significant milestone this month by conducting 58 eye screening camps, touching the lives of 5,689 individuals across diverse communities. This initiative stands as a testament to our belief that quality vision care must be accessible to all, regardless of geography or circumstance.

Academically, October was a month of progress and partnership. We were proud to formalize a Memorandum of Understanding (MoU) between ARKA Jain University, Jharkhand, and LJ Eye Institute, Ambala City — a collaboration focused on research, innovation, and academic excellence to produce optometrists of global repute. This partnership reflects our unwavering commitment to advancing vision science education and clinical practice.

Within our institute, we continued to strengthen our focus on clinical excellence and continuous learning. Workshops, hands-on sessions, and internal training programs kept our teams engaged and evolving. The dedication and enthusiasm of our staff and fellows continue to inspire us each day.

As we step forward, we remain guided by our founding principles — to heal with compassion, to teach with passion, and to innovate with purpose. Every patient served, every student trained, and every collaboration forged brings us one step closer to a world where everyone has the right to clear vision. Together, let us continue to spread the light of vision and the warmth of care.

Warm regards,
Dr. Vikas Mittal
Medical Director
LJ Eye Institute



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Think Unlimited

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DSEK *in a Day*

**WHERE EVERY LAYER OF
LEARNING
LEADS TO CLEARER VISION**

A day woven with precision, passion, and practice. Under the expert mentorship of Dr. Vikas Mittal and Dr. Neha Jain, participants immersed themselves in live surgical demonstrations and hands-on wet lab training on Descemet's Stripping Endothelial Keratoplasty (DSEK).

Each moment of the workshop transformed knowledge into skill, and skill into confidence—shaping hands that learn today to restore vision tomorrow.

DSEK
in a day

A focused single-day experiential learning on Descemet's Stripping Endothelial Keratoplasty (DSEK)

COURSE MENTORS
Dr. Vikas Mittal
Cornea Surgeon & Medical Director
Dr. Neha Jain
Consultant Cornea, Ocular Surface & Refractive Surgery

COURSE HIGHLIGHTS
Live Surgery:
Observations & interactive discussions during cases
Wet Labs:
Hands on training with expert guidance
Lectures:
Step-by-step approach, tips and trouble-shooting

DATE:
5th Oct, 2025
Sunday

VENUE:
L J Eye Institute
New Wing, Model Town,
Ambala City

TIMING:
9:00 AM to
5:00 PM

L J Eye Institute
Only 10 seats available
(to ensure personal attention)

Course fee:
₹10,000

SCAN T





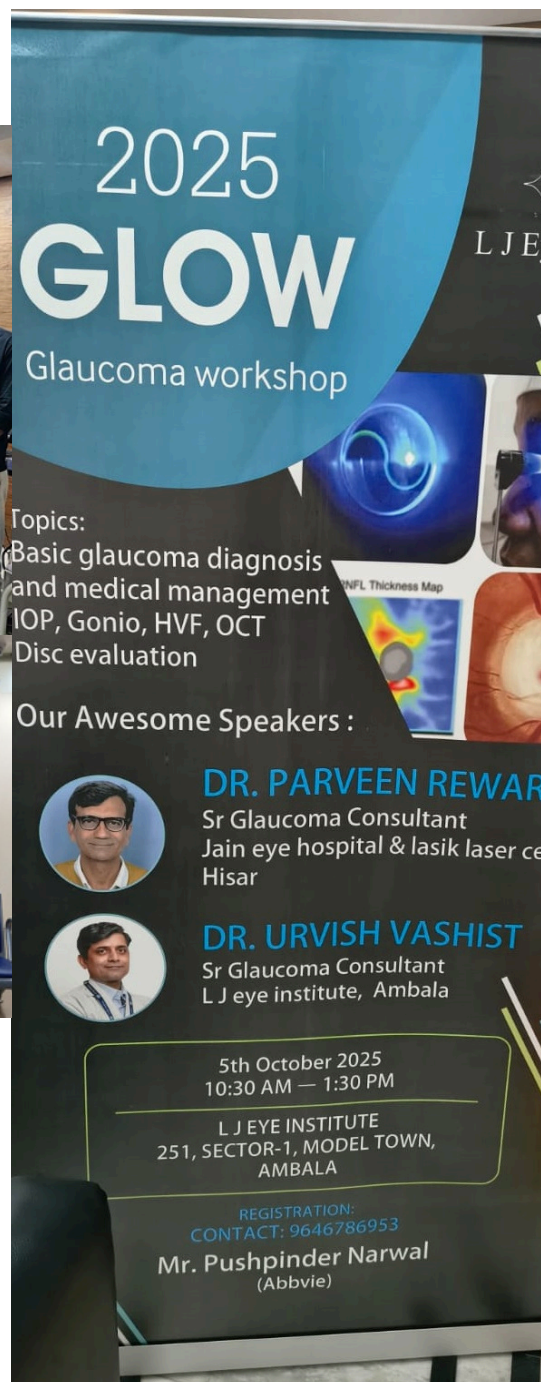
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2025 GLOW
Glaucoma workshop

Topics:
Basic glaucoma diagnosis and medical management
IOP, Gonio, HVF, OCT
Disc evaluation

Our Awesome Speakers :

DR. PARVEEN REWARI
Sr Glaucoma Consultant
Jain eye hospital & lasik laser ce
Hisar

DR. URVISH VASHIST
Sr Glaucoma Consultant
L J eye institute, Ambala

5th October 2025
10:30 AM — 1:30 PM

L J EYE INSTITUTE
251, SECTOR-1, MODEL TOWN,
AMBALA

REGISTRATION:
CONTACT: 9646786953
Mr. Pushpinder Narwal
(Abbvie)

GLOW Glaucoma Workshop

Learning, Sharing, and Seeing the Difference

Under the mentorship of Dr. Parveen Rewari & Dr. Urvish Vashist, the Glaucoma Workshop at LJ Eye Institute brought together clinicians, students, and mentors for a day of insights, hands-on learning, and shared purpose.

The session truly reflected LJ's commitment to advancing eye care with empathy — where every skill learned ultimately safeguards vision. Because every insight brings us one step closer to preserving sight.



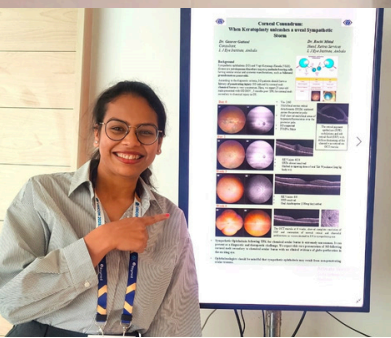
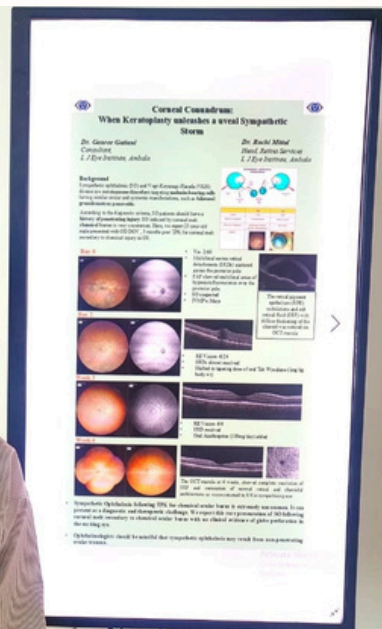
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RETINA

Proud Moments from
the Retina Department

**Where knowledge meets curveballs,
learning turns into healing.**

Dr. Gauree, presented a paper at the Annual Conference of Uveitis Society Of India (USICON 2025) held at AIIMS, Jammu, showcasing insightful research and clinical experience. On behalf of the Retina Department, she also presented a poster at the event, marking another step forward in LJ Eye Institute's journey of academic excellence.

Not every case fits neatly into the textbooks. But at LJ Eye Institute, we believe in sharing what went right, what went sideways, and how we navigated the unexpected twists that come while managing inflammatory eye diseases in the real world. For true learning happens not just in success, but in reflection.





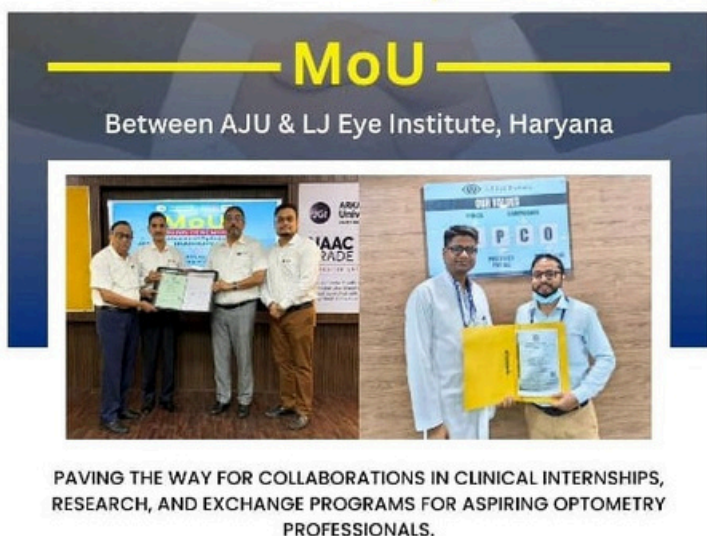
ARKA Jain University, Jharkhand Signs MoU with LJ Eye Institute, Ambala City to Foster Excellence in Optometry Education and Research

In a significant step toward advancing academic excellence and clinical innovation in the field of Optometry and Vision Sciences, ARKA Jain University, Jharkhand has entered into a Memorandum of Understanding (MoU) with LJ Eye Institute, Ambala City. This collaboration marks the beginning of a strategic partnership focused on research and development, academic advancement, and clinical training aimed at producing optometrists of global repute.

The MoU was formally executed in the presence of senior representatives from both institutions, signifying a shared commitment to integrating academic learning with real-world clinical exposure. The partnership is designed to combine the strengths of ARKA Jain University's academic framework with LJ Eye Institute's extensive expertise in advanced eye care and vision research.

Under this collaboration, both institutions will work jointly to:

- **Promote Research and Innovation:** Conduct collaborative research in the areas of ocular diseases, vision therapy, low vision rehabilitation, and advancements in optometric technologies.
- **Enhance Academic Quality:** Develop and implement industry-relevant curricula that meet global standards in optometry education.
- **Facilitate Training and Internships:** Provide students of ARKA Jain University with opportunities to undergo clinical training and internships at LJ Eye Institute, enabling them to gain hands-on experience in advanced eye care practices.
- **Organize Academic Events:** Jointly host seminars, workshops, conferences, and continuing education programs to promote professional development, knowledge exchange, and innovation.
- **Faculty and Student Exchange:** Encourage cross-institutional exchange programs to foster academic collaboration, research synergy, and skill development.



**WHEN COLLABORATION BEGINS,
POSSIBILITIES MULTIPLY.**





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VisionSpring
See well. Do well.

Towards a better Vision



LJ Eye Institute's Community Outreach Department, in Collaboration with Vision Spring, Successfully Conducted 58 Eye Screening Camps Benefitting 5,689 People

In a remarkable effort to promote community eye health and accessible vision care, the Community Outreach Department of LJ Eye Institute, Ambala City, in collaboration with Vision Spring, a global social enterprise headquartered in New York, successfully conducted 58 comprehensive eye screening camps across various regions in three-month pilot program. Through this impactful initiative, the program touched the lives of 5,689 individuals, providing them with much-needed vision screening, awareness, and corrective interventions.

The initiative was designed to address the growing concern of avoidable visual impairment in underserved and rural communities. The camps provided free eye examinations, vision testing, and affordable spectacles to those in need, ensuring that quality eye care reached people who often have limited access to medical facilities.

The collaboration between LJ Eye Institute and Vision Spring aligns with their shared vision of promoting "Clear Vision for All" by combining clinical expertise, community engagement, and global best practices in vision care. The eye screening camps were strategically organized across multiple locations, including rural villages, schools, and urban slums, focusing particularly on vulnerable groups such as children, women, and the elderly.



A Dhanteras to Remember at LJ Eye Institute

At LJ Eye Institute, Diwali is more than just a festival — it's a feeling that unites us. This year, on the auspicious occasion of Dhanteras, our management turned an ordinary workday into a celebration filled with laughter, gratitude, and warmth. A thoughtfully arranged lunch brought everyone together, reflecting the Institute's belief that true leadership shines through small, meaningful gestures. Over the years, LJ has shown that leadership isn't only about vision — it's about valuing people, nurturing growth, and creating an environment where every individual feels seen and appreciated. As the lights of Diwali illuminate our surroundings, may they also inspire us to brighten our workplace with appreciation, empathy, and collaboration. Because at LJ Eye Institute, the glow in every eye is the only sparkle Diwali truly needs.



The Day Checklists Met Commitment — LJ Eye Institute's NABH Story



October at LJ Eye Institute wasn't just another month — it was a journey of dedication, teamwork, and countless late-night preparations that culminated in one proud milestone: the successful NABH inspection.

Accreditation is never just about ticking boxes — it's where discipline meets passion and collaboration turns challenges into confidence.

For weeks, every corner of LJ echoed with purpose — from housekeeping to clinicians, from administration to investigators — united by one spirit: "Let's make it happen."

And together, we did.

It wasn't perfection that defined the day, but commitment, care, and teamwork that made it memorable.

Because at LJ, success goes far beyond passing an audit — it's about proving that when purpose drives people, excellence follows naturally.

"At LJ, success isn't about checklists — it's about people showing up for each other with pride and purpose."





SUCCESS STORY



Conversations That Matter: The Boy Who Inspired SLET

In a story that beautifully blends innovation, mentorship, and compassion, Dr. Vikas Mittal, Founder & Medical Director of LJ Eye Institute, recalls treating a 4-year-old boy with a severe lime injury to the eye back in 2009. What began as a challenging case became a turning point in regenerative eye care.

Encouraged by his mentor Dr. Virender Singh Sangwan at LV Prasad Eye Institute, Dr. Mittal performed a pioneering procedure using stem cells from the child's healthy eye — a technique later known as SLET (Simple Limbal Epithelial Transplantation).

Over 15 years later, that boy now walks in confidently for follow-ups — a living symbol of hope and healing. LJ Eye Institute has since performed over 150 SLET surgeries, contributing to one of the longest published follow-ups of limbal stem cell transplants in the *Cornea Journal* (May 2024).

One conversation, one idea, one life changed — that's where true innovation begins. Moments like these remind us that challenges only sharpen our focus — and at LJ, we truly know how to tend the curveballs.



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Thank you for being with us



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