



L J Eye Institute

www.ljeyeinstitute.org

NEWSLETTER | SEPTEMBER 2025

LJEI SEP'25 EDITION

SATURDAY, 30 SEPTEMBER 2025.

LJ NEWSLETTER

*Presenting
the elements
of SLET
without
AMG at
OSW-AMA
Ahmedabad*



*Greeting
the
Optometry
students of
Chitkara
University*



EDITORIAL

Dear Readers,

It gives me immense pleasure to present the latest September edition of the LJ Eye Institute Newsletter. This September, LJ Eye Institute reflected on the values that shape our journey: mentorship, innovation, and care.

We began with Teacher's Day, honoring the mentors who've built not just knowledge, but character. Celebrations across departments reflected the strength of our shared purpose.

In clinical advancement, we introduced the Jericho Multi-Spot Green Laser, elevating retinal care through precision, speed, and improved patient comfort.

Dr. Apoorv's transition from Fellow to Consultant at our Patiala Centre exemplifies LJ's commitment to talent development.

On 11th September, our LASIK team completed 10 surgeries in a single day—a milestone of impact and efficiency.

A Code Blue preparedness drill, led by Dr. Sonali, reinforced our commitment to clinical readiness and safety.

The Ocular Surface Workshop showcased cutting-edge techniques, including SLET without AMG, while reconnecting with alumni.

We also welcomed Dr. Zidaan, an international fellow, and hosted Chitkara University's optometry students—bridging learning across borders and generations.

At LJ, we honor those who taught us—by teaching, healing, and evolving every day.

Together, let us continue to spread the light of vision.

Warm regards,
Dr. Vikas Mittal
Medical Director
LJ Eye Institute





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Think
Unlimited

NEWSLETTER

SEP'25



HONORING THE HANDS THAT MOLDED US

On 5th September 2025, L J Eye Institute, celebrated Teacher's Day to honor the mentors who made a difference—the ones who shaped not just knowledge, but character as well. Cutting the celebration cake and distributing the same marked the occasion. Adding to the joy were the interdepartmental celebrations, where teams shared moments of warmth, laughter, and appreciation—a true reflection of the synergy that defines the L J family.



A DAY OF CLEARER VISION



11th September marked a proud milestone at L J Eye Institute

10 LASIK surgeries in a single day. Each smile that followed clearer sight made the day truly special.

Moments like these remind us why we do what we do—restoring vision, rebuilding confidence, and redefining life, one eye at a time.





A JOURNEY OF LEARNING AND CONTINUITY



The academic wing of LJ Eye Institute proudly marked another milestone with the successful completion of the Cornea Fellowship by Dr. Apoorv. His journey with the Institute stands as a reflection of how mentorship, hands-on experience, and teamwork come together to shape clinical excellence.

What makes this achievement even more special is that Dr. Apoorv now continues his association with LJ Eye Institute, having joined as a Consultant at our Patiala Centre. This transition from a fellow to a faculty member beautifully represents L J Eye Institute's commitment to nurturing talent and creating pathways for growth within the institution.





NEW TECHNOLOGY

“Science is ever-evolving”

As per Darwin’s rule, only those who adapt, survive!

ADVANCING RETINAL CARE—SHARPER FOCUS,
GENTLER TOUCH.



At LJ Eye Institute, our commitment to precision and patient comfort continues with the addition of the Jericho Multi-Spot Green Laser—a state-of-the-art technology redefining retinal laser treatment.

PRECISION & EFFICIENCY: It offers uniform and precise control in delivering laser energy with remarkable accuracy.

MULTI-SPOT PATTERN DELIVERY: It allows treatment of multiple retinal spots simultaneously, significantly reducing procedure time.

ENHANCED PATIENT COMFORT: Through shorter exposure durations and quicker recovery.

VERSATILITY: This makes it ideal for managing a range of retinal conditions, including diabetic retinopathy, retinal vein occlusions, and lattice degeneration.

REDUCED THERMAL DAMAGE: Its controlled pulse duration minimizes thermal damage, helping preserve surrounding retinal tissue.

OPTIMIZED VISUALIZATION: It ensures excellent clarity of the treatment field—resulting in superior clinical outcomes.



“OCULAR SURFACE WORKSHOP”

ASK ME ANYTHING



It was an academic feast for cornea and ocular surface enthusiasts. As per the theme, there was a detailed discussion about ocular surface diseases and their respective treatments. Dr. Vikas presented the new technique of stem cell transplant, SLET without AMG. On the other hand, there was an unofficial alumni meet of L J Eye institute's alumni, all those hailing from Gujarat.



OSW - AMA
AHMEDABAD



CODE BLUE PREPAREDNESS IN ACTION

During the recent Thursday meeting, the Institute's staff witnessed an insightful Code Blue demonstration, mentored by Dr. Sonali, our Anesthesiologist.

The session wasn't just about protocols; it was about staying calm, coordinated, and ready when every second counts. Such hands-on drills reaffirm our collective commitment to patient safety—a true team effort built on awareness, quick thinking, and compassion.





A GLOBAL LEARNING EXPERIENCE



EYES ON THE WORLD:

This September, LJ Eye Institute had the pleasure of hosting Dr. Zidaan, a cornea fellow from overseas. His time with us was more than just training—it was an exchange of ideas, techniques, and perspectives.

Moments like these remind us that, at LJ Eye Institute, knowledge knows no borders. By welcoming talent from around the world, we continue to grow as a hub for international collaboration and excellence in eye care.



INSPIRING FUTURE EYE CARE MINDS



LJ Eye Institute hosted 34 first-year Optometry students from Chitkara University, introducing them to the world of modern eye care institute dynamics. It was an insightful exposure visit where curiosity met clinical care — a day filled with learning, inspiration, and discovery.

Moments like these remind us that sharing knowledge today shapes the eye care leaders of tomorrow.



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Thank you for being with us



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